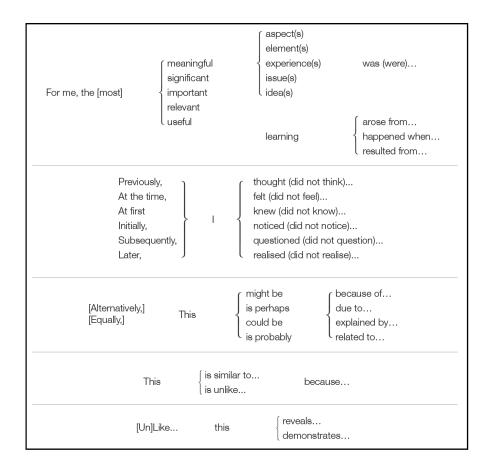
1. Description

- · What happened?
- What is being examined?

We are not suggesting specific vocabulary for any descriptive elements of your reflective writing, because the range of possible events, ideas or objects on which you might be required to reflect is so great.

2. Interpretation

- What is most important / interesting / useful / relevant about the object, event or idea?
- How can it be explained e.g. with theory?
- How is it similar to and different from others?



3. Outcome

What have I learned from this? What does this mean for my future?

Having	read experienced applied discussed analysed learned	feel think realise wonder question know
[Additionally,] [Furthermore,] [Most importantly,]		
l have However, l have n	significantly slightly foot [sufficiently]	my skills in my understanding of my knowledge of my ability to
This means that This makes me feel		
This knowledge This understanding This skill	is could be a sessential important useful	to me as a learner [because] to me as a practitioner [because]
Because I	did not have not yet am not yet certain about am not yet confident about do not yet know do not yet understand	I will now need to
As a next step, I need to		